

BRUXISM: A MAJOR DENTAL PROBLEM

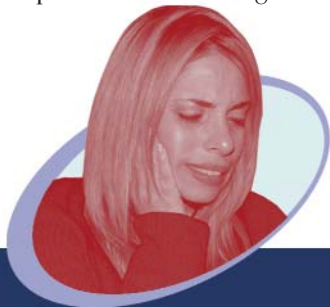
BRUXISM is the common occurrence of involuntary clenching and grinding of teeth most people are unaware they do primarily while sleeping. Bruxism may cause headaches, damage to teeth & fillings, and neck pain. Although bruxism may be mild in most cases and not require treatment; if left undiagnosed, painful, and costly complications can occur over time.

WHAT IS A *BiteSoft*[™] ANTERIOR SPLINT?

The *BiteSoft*[™] Anterior Splint is a custom-fitted mouth piece worn over the anterior teeth during sleep to establish jaw stability and relaxation. Fabricated with premium materials, *BiteSoft*'s patented design provides an optimal and effective solution to overcoming clenching and grinding. Dentists prescribe the *BiteSoft* Anterior Splint to ensure your natural teeth and all dental restorations are protected.

WHO'S A CANDIDATE FOR *BiteSoft*[™]?

Any patient who has undergone a comprehensive examination with his/her dentist to determine the severity of their bruxism is a candidate for *BiteSoft*. Patients who also have difficulty wearing large, uncomfortable splints can benefit from the comfort of the *BiteSoft* Anterior Splint while attaining better dental health.



FEATURES & BENEFITS OF THE *BiteSoft*[™] ANTERIOR SPLINT

- No More Wearing Away of Your Natural Teeth
- Prevents Cracking or Chipping of Teeth & Fillings
- Protects Your Investment in Crowns, Veneers, Implants, and Fillings
- Extremely Comfortable To Wear, Smaller Than A Full Arch Splint, Yet Offers the Same Protection
- Reduces Clenching & Associated Head And Jaw Pain
- Drug Free, No Side-Effects
- Non-Invasive and Almost Invisible

BiteSoft[™]
Anterior Splints



Exclusively Fabricated by **Trident** Dental Laboratories & Your Dental Professional

SELF ASSESSMENT TEST FOR BRUXISM

Do you clench or grind your teeth? Please complete the following self-assessment test to find out if you have Bruxism.

Check the box next to each question for a **YES** answer.

- Do your teeth touch or make contact when you are not chewing?
- Have you had wear, damage or fractures of teeth, fillings, or crowns?
- Do you get headaches or jaw pain on occasions?
- Are your temples or jaw muscles tender when pressed?
- Do you have occasional discomfort when chewing?
- Do you have a clicking jaw?
- Has anyone heard you grind your teeth during your sleep?

If you answered YES to any one of the above questions, Bruxism may well be causing significant problems for you.

Please discuss this completed questionnaire with your dentist and ask how the *BiteSoft* Anterior Splint can be most beneficial for you.



FREQUENTLY ASKED QUESTIONS

How comfortable is the **BiteSoft™** Anterior Splint to wear?

The vast majority of people adapt to the minimal dimensions almost immediately. Most people prefer wearing the appliance at night due to the muscle relaxation effect.

Do I need to wear my **BiteSoft™** Anterior Splint during the day?

The BiteSoft Anterior Splint is designed to be worn during sleep when there is no conscious control of clenching. Only your dentist can advise you if day time wear will be necessary.

Who should I go to for this treatment?

The BiteSoft Anterior Splint is exclusively fabricated by Trident Dental Laboratory and your dental professional.

How can I be certain it will work for me?

Total protection of teeth can be guaranteed; however, when used for overcoming pain there are so many causes it is difficult to be 100 % sure.

How often do I have to replace my splint?

The replacement of your BiteSoft Anterior Splint is recommended every two years or earlier depending on the severity of your bruxing. It is imperative to continue with regular periodic dental exams to ensure that your teeth and dental restorations last longer.

BiteSoft™ Anterior Splint
Exclusively Fabricated by
TRIDENT Dental Laboratories
& Your Dental Professional

PATIENT EDUCATION

ADDITIONAL IMPORTANT PRODUCT INFORMATION

A unique **Product Authenticity Code (PAC)** is placed inside your custom BiteSoft Anterior Splint beneath the logo. The PAC indicates the legitimacy of each BiteSoft Splint. It also protects you and your dentist by making it easy to verify that the splint has been fabricated by an exclusive BiteSoft licensed laboratory.

IMPORTANT NOTICE:

The use of segmental and full arch splints may result in occlusal changes. This is largely due to the relaxation of your jaw muscles. It is strongly recommended that you discuss any prior orthodontic treatment or bite problems with your dentist before proceeding with any form of splint therapy.



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BiteSoft™ is a registered trademark of MyoHealth USA. The BiteSoft™ splint is approved by the US FDA (8725570, K040315). The BiteSoft™ Clenching Inhibitor is protected under US Patent 10/835,649.

Contact Trident Dental Laboratories to reorder this brochure.
(800) 221-4831

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Do You Clench or Grind Your Teeth?



headaches
worn teeth
damaged fillings
neck pains
muscle soreness



Your Solution is ...

BiteSoft™ Anterior Splint
Exclusively Fabricated by
TRIDENT Dental Laboratories
& Your Dental Professional